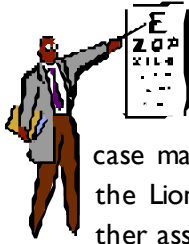


Eyeglasses



DEAN can assist you financially with eye exams and basic eyeglasses. You must first let your case manager know of your need so that the Lion's Club can be contacted for further assistance. If you want assistance you must go to EYES in Ellsworth and be willing to pick from discontinued frames. We ask that you pay 10 percent of the cost

Transportation

We expect clients who are on MaineCare to schedule rides through WHCA and/or get reimbursement for travel to and from you doctor, therapist or case manager.



Food Pantry

DEAN has a food pantry which clients have access to once each month. Clients receive a food pantry request form which they either mail or bring into the office. The orders are filled out on Thursdays to be picked up the following week.

Computers

In both offices we have computers that are available for client use.

AAA of Northern New England is also offered to clients who are eligible.

Peer Advocates Program

The DEAN Peer Advocates are HIV positive people who are available to meet with clients to assist them in finding information on different topics around HIV/AIDS. They are available to help fill out applications for Maine Care and Social Security, and go with you to appointments. With advance notice the Peers may be able to provide transportation to and from doctors and lab appointments. The Peers also plan two activities per month for HIV positive people and their partners.

Down East AIDS Network

Hancock County:

25A Pine Street
Ellsworth, Maine 04605
Phone: 207-667-3506
1-800-669-0893
Fax: 207-664-0574
Email: marydean1@verizon.net

Washington County Outreach:

5A Water Street
Machias, Maine 04654
1-888-991-7400
Phone: 207-255-5849
DEAN web site and Chat Room:
<http://downeastaidnetwork.homestead.com>



Down East AIDS Network (DEAN) Client & Case Management Services

This brochure describes guidelines that DEAN uses when providing financial assistance to clients.

DEAN receives money from state and federal funds, grants and local sources. These monies are restricted as to how they can be used; DEAN is accountable to our funding sources for expenditures.

Emergency financial assistance is based on need and on the amount of funds available at the time.

*You are asked to seek assistance from local resources, such as Washington-Hancock County Association (WHCA), Department of Human Services (DHS), local food pantries, etc., **before** requesting assistance from DEAN.*

*All financial assistance is given by check. **We are unable to give out cash under any circumstances.** We ask that you pay 10 percent of each request.*

DEAN will assist you with the following living expenses... funds permitting.

Dental Care

At this time, DEAN will pay 100 percent of dental bills for cleaning (prophylactic) or routine restorative dental work at the dentist of your choice. If the bill is likely to be more than \$500, you must give a written estimate (prepared by your dentist) to the case manager for approval before contracting for the work.



For work under \$500, you may pay yourself and bring the receipt in for reimbursement. Or, if you prefer, you can ask the case manager to make prior billing arrangements or find out the exact cost of a dental procedure and DEAN can give you a check to take to your appointment.

Prescription Medicines and Medical Co-Pays

DEAN can reimburse you or set up a charge account for your co-pays.



With prior written notice, your case manager may pay for prescription and over-the-counter drugs.

DEAN may also arrange to pay doctor's visit co-pays for those on the MaineCare HIV Waiver.

Emergency Housing Assistance

DEAN may be able to assist with following housing-related costs:

Security Deposit - We may lend you up to 90 percent of the money for a security deposit on you home or apartment. The full amount of the deposit must be repaid to DEAN when you move out.

Rent - We may be able to help you pay up to 90 percent of your rent. We encourage all clients to apply for tax and rent refunds each year and to plan a personal budget that will enable you to assess your available income and meet expenses.

Emergency Utility Assistance

Electric - We may be able to assist with up to 90 percent of your electric bill.



Fuel Oil - We may be able to assist you with up to 90 percent of your fuel oil purchase (a maximum of three times per year and no more often than quarterly). We encourage all clients to apply for fuel assistance each fall.

Telephone

DEAN may assist you with 90 percent of your basic service in your local calling area. If you need to call long distance for medical reasons please ask your case manager for a phone card. DEAN cannot assist with non-medical long distance calls.

Mental Health Therapy

Clients have a right to receive mental health services if they feel they would benefit from them. Your case manager can refer you to a local therapist. At times, we have counseling services available from a therapist who can come to your home or some other convenient location.

Alternative Therapies

We sometimes have certificates for therapeutic massage or may be able to reimburse you for other therapies.



Herbal and Other Supplements

Some supplements are contraindicated if you are taking antiviral drugs. If you are taking antivirals and your physician agrees with what you wish to take, bring a note from your physician approving the supplements and an itemized receipt to your case worker for reimbursement.